

Instruction for assisted sampling



1

Prepare all items needed for the procedure and spread across a clean flat surface.

Also bring your sample ID/ barcode documentation and return envelope.

- (a) Capitainer qDBS sampling card
- (b) Single use lancet
- (c) Alcohol swab
- (d) Gauze pad
- (e) Plaster
- (f) Return pouch



Wash patient's hand in warm water and let dry completely. A warm hand is crucial to ensure good blood flow.

Follow your local hygien protocols.

2



Remove the sampling card from the package. Open the card and put on your table (flat surface).

Do not touch the inlets to avoid contamination.



Prepare the alcohol swab by removing from the packaging. Choose finger (either ring or middle finger) for blood sampling, clean with alcohol swab and allow to dry for 5 seconds.

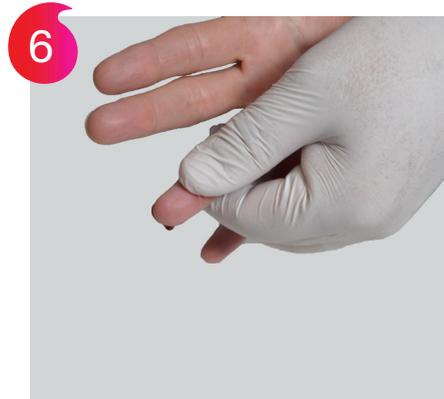


Prepare the lancet by twisting the top and remove the cap. Pinch just below the tip of the finger until it becomes red, then prick with the lancet at one side of the tip.





Wipe away the first drop of blood.

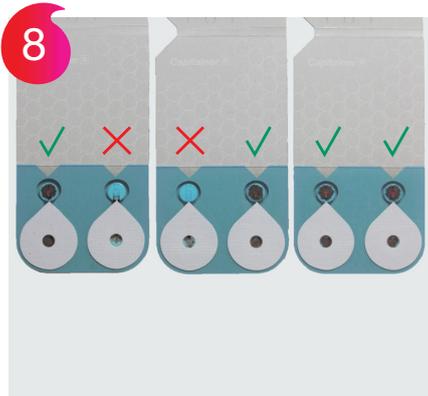


To get a big drop of blood, wait for the drop to form on its own, by using "hanging drop technique".



Take the sampling card and let the blood drop briefly touch the inlet in the centre of the white circular area. Wait until you obtain a new hanging blood drop and repeat the procedure for the second inlet.

Wipe away the remaining blood on the finger, then apply pressure to stop the bleeding.



Confirm sampling *.

Successful: two red colored circles

Unsuccessful: no blood or only a small amount



Close the sampling card and attach sample ID/barcode on the back of the card and insert the sampling card into the return pouch and close. Then send the *Capitainer qDBS* card by post to the receiving laboratory as indicated.

* If any concerns with the sampling; for example if neither or just one inlet takes up blood sample, please contact your healthcare provider.



Capitainer AB
Norr Mälarstrand 54
SE-112 20 Stockholm SWEDEN
info@capitainer.se

capitainer.se

COPYRIGHT © 2020 CAPITAINER AB. ALL RIGHTS RESERVED